



Ski Camp Packing List



Remember to bring your God-given beauty, dominion, and strength!

Lesson Books

- The Bible & *Science Health with Key to the Scriptures* by Mary Baker Eddy with markers, if possible
- C.S. Quarterly Bible Lessons
- Bible Lesson print-out for each week of camp (optional)

Modest Clothing

- Modest shorts and T-shirts that cover the midriff and underwear
- 6-8 pairs of socks and underwear
- 1 pair of closed-toed shoes
- 1 pair of flip-flops or slide shoes that float
- Pajamas or nightgown, one for cooler evenings
- Several swimming suits. Modest, please.
- Short-sleeve rash guard with SPF sun protection
- 1 raincoat or poncho
- 1 sweatshirt and/or warm jacket
- 1 pair sweatpants and jeans

Miscellaneous

- Toiletries
- Sunscreen
- Bug spray
- Sun visor or hat*
- Sunglasses
- Water bottle*
- Flashlight with batteries*
- 1-4 Ziplock bag(s) for wet items

Bring at Your Own Risk

- Personal ski equipment including gloves and helmet
- Electronics (will be collected, as well as cash, plane tickets, and other valuables, on opening day and kept safely in the office until checkout)

Prohibited Items

Gum, pets, weapons/knives, pornography, alcohol, cigarettes, e-cigs, juuls/vaping devices, and drugs of any form.



Leave at home any suits that are designed to show cleavage, that could fall off while skiing, or that could otherwise be a distraction. Aim for modest, practical suits that are guaranteed to stay in place during a fall and that covers you well. Girls should have at least two 1-piece athletic suits. A third suit could be a well-secured tankini that covers the *entire* midriff. Boys' suits: no racing briefs/Speedos for boys. Shorts should not sag excessively to show underwear.

Any messaging on clothes should be supportive of CedarS standards and should be respectful and uplifting.

Items with an * are available in the camp store for a charge.

If fulfilling this list presents a hardship, please contact the office. We are happy to connect you with support.