

# THE GREAT COMMANDMENTS

Hear, O Israel: The Lord our God is one Lord: And thou shalt love the Lord thy God with all thine heart, and with all thy soul, and with all thy might. (Deut 6:4,5)

The first of all the commandments is, Hear, O Israel; The Lord our God is one Lord: And thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength: this is the first commandment. (Mark 12:29 The, 30)

## THOU SHALT LOVE THE LORD THY GOD WITH...

### ALL THY HEART

With my very life, my whole being, as a parent loves their child, **unconditionally**, without question, at any moment, forever forgiving. There is no room for any other love, or false idol. I am wholly committed to Life, Truth, Love, Spirit. There is nothing left over for any lesser loyalty or trust. God is the only path. God is my only life, and I yearn to be and reflect what God made me. You are my “Adorable ONE”.

### ALL THY SOUL

With every spiritual sense of joy and fulfillment, without limitation. **In full gratitude for all that is good**, - for all that I do is as my expression of God, - all I experience is in the realization of what I truly am, - I will praise God with the beautiful music of rejoicing and the ever-present song of Love.

### ALL THY MIND

**With every thought focused on good**, in the deep humility of “**Thy will be done**” as the only motive, and obedience as the only desire. Temptation cannot get near because there is nothing for it to attach to, and nothing it can offer. At one with God I have everything good at hand. I am in His kingdom, and there is nothing else, nowhere else, to go. “**Let this mind be in you which was also in Christ Jesus.**” Amen!

### ALL THY STRENGTH

Nothing half-hearted here! No need to hold anything back, but every need to give my all, every last ounce, inch, thought, all my valour, effort, desire. The awesome recognition that when governed and controlled 100% by Love **it is Love that provides all the strength ever needed**. When I love God with all my strength I am myself, for Love is reflected in love, and I am Thy beloved son.

*And the second is like, namely this,*

## THOU SHALT LOVE THY NEIGHBOUR AS THYSELF.

(Mark 12:31)

Now doesn't that just follow?.....

Just as, in fact, Jesus' other saying:

**Be ye therefore perfect, even as your Father which is in heaven is perfect.** (Matthew 5:48)