

## Commandments that say NO to end 10 self-imposed limits & burdens!

🔑 *Be open to share on-target, "spiritual spins" with others without a heavy backpack & handcuffs on!*

1. **NO WORRIES** – no matter what! (Exodus 20:2)

🔑 *Feel, "It will be fun to see how God works this one out!" (Ruth E. Huff)*

2. **NO FOCUSING ON THINGS & BODIES!** (Exodus 20:3-5)

🔑 *See they'll never be up to the job of being God or His/Her divine image.*

3. **NO ("O.M.G.") PRAYING IN VAIN!**

🔑 *Totally expect God to quickly answer prayers. 🙏💧💧*

4. **NO FORGETTING Sabbath Day PERFECTION!**

🔑 *Give your loving attention to work out from perfection, not up to it.*

5. **NO DISRESPECT FOR RIGHT AUTHORITY!**

🔑 *Know that obedience will lengthen "your days" & strengthen all you do.*

6. **NO ANGER and NO PUT-DOWNS!**

🔑 *Catch KILLING when it's little (Matt. 5:21+)*

7. **NO INCOMPLETE LONGING!**

🔑 *Catch such IMPURITY when it's little (Matt. 5:27+)*

8. **NO LIVING TO GET HAPPINESS!**

🔑 *Stop stealing by living to GIVE or "impart ... happiness" (My. 165)*

9. **NO FALSE WITNESSING!**

🔑 *Strive to see and repeat only what God sees & says.*

10. **NO JEALOUSY OF ANYONE!**

🔑 *Connect with OO gratefully "Thank you God! That's Mine Too!" (T. M. T.)*

